

## Education

MSc **Master in Research Methods on Physical Activity and Sport (2010)**. School of Sport Sciences. *University of Granada, Granada (Spain)*.

MSc **Master on Neurosciences (2013)**. School of Psychology. *University of Granada, Granada (Spain)*.

MSc **Postgraduate course on Applied Statistic (2011)**. *UNED, The Spanish Open University, Madrid, Madrid (Spain)*.

BSc **Degree in Sport Sciences (2010)**. School of Sport Sciences. *University of Granada, Granada (Spain)*.

## Affiliations

- **FPI fellow researcher**. Department of Physical Education and Sport, School of Sport Sciences. *University of Granada, Granada (Spain)*. 2010-present
- **PhD Candidate**. Department of Psychology, School of Social and Behavioural Sciences. *Utrecht University, Utrecht (The Netherlands)*. 2016-present

## Selected publications (top 5)

**Estévez-López, F.**, et al. (2016). The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Ándalus project. *Disability and Rehabilitation*, 1-9.

**Estévez-López, F.**, et al. (2016). Factor structure of the Positive and Negative Affect Schedule (PANAS) in adult women with fibromyalgia from Southern Spain: the al-Ándalus project. *PeerJ*, 4, e1822.

**Estévez-López, F.**, et al. (2015). Independent and combined association of overall physical fitness and subjective well-being with fibromyalgia severity: the al-Ándalus project. *Quality of Life Research*, 24(8), 1865-1873.

Segura<sup>?</sup>Jiménez, V., Álvarez<sup>?</sup>Gallardo, I. C., **Estévez<sup>?</sup>López, F.**, et al. (2015). Differences in Sedentary Time and Physical Activity Between Female Patients With Fibromyalgia and Healthy Controls: The al<sup>?</sup>Ándalus Project. *Arthritis & Rheumatology*, 67(11), 3047-3057.

Carbonell-Baeza, A., ..., **Estévez-López, F.**, et al. (2012). Land-and water-based exercise intervention in women with fibromyalgia: the al-Andalus physical activity randomised controlled trial. *BMC musculoskeletal disorders*, 13(1), 18.

My full and updated list of publications is available at the following link:  
<https://www.ncbi.nlm.nih.gov/pubmed?term=estevez-lopez%20of%5BAuthor%5D>

## Personal statement

I am a member of the Physical Activity for HEaLth Promotion (PA-HELP) research group at University of Granada (Granada, Spain). The leader of this research group is Prof Manuel Delgado-Fernández. Since 2007 we are conducting an epidemiological study (namely: al-Ándalus project; <http://www.alandalusfibromialgia.com/>) including a representative sample of women with fibromyalgia ( $n=616$ ) from southern Spain (i.e., Andalusia).

Publications of the al-Ándalus project are available at the following link:  
[http://www.alandalusfibromialgia.com/index.php?option=com\\_content&view=article&id=60&Itemid=37](http://www.alandalusfibromialgia.com/index.php?option=com_content&view=article&id=60&Itemid=37)

The design of the al-Ándalus project includes also a candidate gene study, a follow-up study (with 2 and 5 years measures) and an exercise-based RCT study. My research aims at determining factors that are associated with a better prognosis of the disease and the effectiveness of exercise treatment.

## Personal website

<https://www.uu.nl/staff/FEstevezLopez/0>

## Google Scholar

<https://scholar.google.es/citations?user=qisTFHcAAAAJ&hl=es&oi=ao>

## ResearchGate

[https://www.researchgate.net/profile/Fer\\_Estevez-Lopez](https://www.researchgate.net/profile/Fer_Estevez-Lopez)

## Email

[festevez@ugr.es](mailto:festevez@ugr.es)