

## 1<sup>st</sup> Meeting on Chronic Fatigue in Immune-mediated disorders

Charité Fatigue Center Berlin

November 21/22 2019

Meeting venue:

**Berlin-Brandenburger Centrum für Regenerative Therapien (BCRT), Campus  
Virchow-Klinikum (CVK), Charité**

### AGENDA

#### TOPICS

Clinical presentation/Epidemiology  
Diagnostic tools  
Pathomechanism  
Treatment

<b>DAY 1, NOVEMBER 21, 2019</b>	
13:00-13:30	Welcome and introduction <b>Carmen Scheibenbogen</b> , Charité Fatigue Center <b>Modra Murovska</b> , Riga, EUROMENE Network
13:30-14:00	Opening lecture from <b>Yehuda Shoenfeld</b> , Tel Aviv CFS - part of the ASIA syndrome and the Mosaic of autoimmunity
14:00 - 16:00	<b>I. Clinical presentation/Epidemiology</b> <b>Chairs: Modra Murovska, Riga; Paul Friedemann, Berlin</b> 14.00 ME/CFS, <b>Luis Nacul</b> , London, Vancouver 14.20 MS and Fatigue, <b>Iris Penner</b> , Neurologie, Düsseldorf 14.40 Cancer related Fatigue, <b>Uli Rüfer</b> , Köln 15.00 Fatigue in Scleroderma/Sjögren Syndrome, <b>Gabriela Riemekasten</b> , Rheumatologie, Lübeck 15.20 Mast-cell mediated diseases, <b>Marcus Maurer</b> , Dermatologie, Charité
16:00-16:40	<i>Discussion with coffee</i>
16:40 - 18:00	<b>II. Diagnostic tools for assessing fatigue</b> <b>Chairs: Eliana Lacerda, London; Ruud Vermeulen, Amsterdam</b> 16.40 MRI, <b>Carsten Finke</b> , Neurology, Charité 17.00 Endothelial dysfunction, <b>Nadja Scherbakov</b> , Stroke center, Charité 17.20 CPET, <b>Thomas Thouet</b> , Sport Medicine, Charité 17.40 Sleep, <b>Christian Veauthier</b> , Sleep Medicine, Charité

18:00 – 20:00	<i>Get together</i>
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<b>DAY 2, NOVEMBER 22, 2019</b>	
09:00-10:00	<b>III Pathomechanism of Fatigue</b> <b>Chairs: Jose Alegre, Barselona, Carmen Scheibenbogen, Berlin</b> 9.00 ANS dysfunction, <b>Pawel Zalewski</b> , Poland 9.20 Vascular dysfunction in CFS, <b>Klaus Wirth</b> , Sanofi 9.40 Mitochondrial dysfunction, <b>Bhupesh Prusty</b> , Würzburg 10.00 Microbiome, <b>Sofia Forslund</b> , MDC, Berlin
10:20-11:00	<i>Poster viewing with coffee</i>
11:00 - 12:00	11.00 Postinfectious/EBV fatigue, <b>Uta Behrends</b> , Pädiatrie, München 11.20 Autoantibodies against CNS receptors, <b>Harald Prüss</b> , Neurologie, Charité 11.40 Endocrine Fatigue, <b>Joachim Spranger</b> , Endocrinology, Charité 12.00 Muscle fatigue in heart failure, <b>Wolfram Doehner</b> , Stroke Center, Charité
12:00 – 13:20	<i>Poster viewing with lunch</i>
13:20 - 15:00	<b>IV. Treatment of Fatigue</b> <b>Chairs: Gabi Riemekasten, Lübeck; Olav Mella, Bergen</b> 13:20 Cognitive Behavioural therapy, <b>Matthias Rose</b> , Psychosomatik, Charité 13:40 Exercise therapy in CrF, <b>Bernd Wolfarth</b> , Sportmedizin, Charité 14:00 Immunomodulatory treatment of ME/CFS, <b>Øystein Fluge</b> , Oncology, Bergen, Norway 14:30 Novel concepts in MS treatment, <b>Paul Friedemann</b> , Neurologie, Charité
15:00	Farewell

### Meeting organisation

Prof. Carmen Scheibenbogen, Institute of Medical Immunology

Prof. Paul Friedemann, ECRC and NeuroCure Clinical Research Center

Silvia Thiel, Charité Fatigue Center

**For registration:** [silvia.thiel@charite.de](mailto:silvia.thiel@charite.de)

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