



EUROMENE PROPOSAL

WG4 clinical research enablers and diagnostic criteria of ME/CFS

Assessment of progress

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Objective

To integrate the European research with global efforts for up-scaled improved ME/CFS patient management via platform cross-talk and joint activity planning



Tasks

- Task 1:** To survey clinical criteria used in EU countries to diagnose ME/CFS;
- Task 2:** To analyse existing clinical criteria guidelines and to recommend an optimal criteria set to minimise over- and under-diagnosis;
- Task 3:** To assess the efficacy/safety of available ME/CFS treatments in order to recommend optimal treatment approaches, aiming to decrease severity of clinical course;
- Task 4:** To develop a proposal for standardizing clinical diagnosis in collaborative global manner:
 - to organize **two meetings per year** (could be also teleconferences) to discuss and analyse clinical diagnostic criteria of ME/CFS, including clinical demonstrations;
 - to make **2 visits to international centres** and discuss the progress in establishing standardised diagnosis and multicentre involvement.



Milestones and deliverables

- Milestones:

Survey data on clinical criteria currently used in the EU countries
M4;

Set of standardised diagnosis proposed M48.

- Deliverables:

Common strategy protocol for ME/CFS diagnostic;

Protocol and guidelines for ME/CFS subgroups detection
according to the presence of symptoms and potential
biomarkers variety;

Synchronised guidelines for management/treatment of ME/CFS.



Action plan

To do drafts	Responsible for draft	First draft	Teleconference dates	Final draft	Synchronised document
Protocol for ME/CFS diagnostic (Includes recommendation for clinical purposes)	Jose Alegre, Ingrid	1 st Sept 2018	12 th Oct 2018	1 st Nov2018	30 rd Nov 2018
Protocol for ME/CFS diagnostic (Includes recommendation for research purposes)	Luis, Giorgos, and Olli Polo	1 st Sept 2018	12 th Oct 2018	1 st Nov2018	30 rd Nov 2018
Neurological evaluation and guidance for recommendations	Jerome	30 th Apr 2018	1 st Jun 2018	15 th Feb 2019	30 rd Nov 2018
Symptom management and relief (non-pharmacological)	Anne Marit, Giorgos	15 th Dec 2018	15 th Jan 2019	15 th Feb 2019	30 th Apr 2019
Symptom management and relief (pharmacological)	Jose Alegre and Olli Polo	1 st Sept 2018	12 th Oct 2018	1 st Nov2018	30 rd Nov 2018
Public comments (via website)	Lorenzo	16 th Feb 2019	15 th March 2019	15 th April 2019	30 th Apr 2019