

**European Network on Myalgic Encephalomyelitis/Chronic Fatigue  
Syndrome  
COST Action - CA15111**

**Work Group No4:** “Diagnosis and clinical enablers”

**Date:** Friday 13<sup>th</sup> of April (09:00 to 18:00)

**Location:** Faculty of Medicine – Alain Harf room- 8 rue du General Sarrail,  
F94000 CRETEIL- cedex, FRANCE

**Objectives:** WG4: “Summarize, working and planning of deliverables in the WG4”

AGENDA	
<b>09.00-09.15 (together with WG3)</b>	<p><b>Welcome &amp; Organization</b>  <b>Jerome Authier</b> Local Meeting Chair  <b>Elin Strand</b> WG4 leader  <b>Derek Pheby</b> WG3 leader</p>
<b>09.15- 13.00 (only WG4)</b>	<p><b>09.15-10.15 plenary session</b></p> <ul style="list-style-type: none"> <li>• “Status, aims and deliverables” of WG4 by Elin Strand</li> <li>• Introduction “Suggested case definitions and example of clinical guidelines” by Ingrid Helland</li> <li>• Assessments/questionnaires: Info from NINDS by Luis Nacul</li> </ul> <p><b>Break</b></p>
<b>10.30-11.45 Small group work (Group I, II, III)</b>	<ul style="list-style-type: none"> <li>• <b>Group I:</b> discussion on “Clinical guidelines” by Ingrid Helland, Olli Pollo, Jerome Authier, Giorgos Sakkas</li> <li>• <b>Group II:</b> discussions on “Assessments/questionnaires for research” by Luis Nacul, Elin Strand, Ruud Vermuelen, Lorenzo Lorusso</li> <li>• <b>Group III:</b> “Common strategy protocol for ME/CFS diagnosis: synchronisation between centres, research component integration” by Eliana Lacerda, Jose Allegre, Anne Marit Mengshoel, Jean Dominique De Korwin</li> </ul> <p><b>Break</b></p>
<b>12.00 – 13.00 Plenary session</b>	<ul style="list-style-type: none"> <li>• Short presentation from group I discussion and decision on how to proceed with/finish the work</li> <li>• Short presentation from group II discussion and decision on how to proceed with/finish the work</li> <li>• Short presentation from group III: Discussion on <u>Deliverable 12</u> (deadline November 31, 2018) Elin Strand (responsible from WG4 together with persons from WG2 –Biomarkers).</li> <li>• <u>Deliverable 13</u> (deadline April 30, 2019). Plenary discussion “Protocol and guidelines for ME/CFS subgroups detection (stratification) according to the presence of symptoms and</li> </ul>

	subject to potential biomarkers variation”, and introduction by Jose Allegre: “Stratification of CFS/ME”
<b>13.00 (13.30) – 14.00</b>	<b>Lunch</b>
<b>14.00 (14.30) – 16.00</b> <b>Plenary session</b>	<ul style="list-style-type: none"> <li>• “Neurological features in CFS/ME” by /Jerome Authier</li> <li>• Discussion on <u>Deliverable 11</u> “Evaluation scales for assessment of neurological symptoms associated with ME/CFS and usable in diagnostic”. Deadline for Deliverable preparation October 31, 2018- Jerome Authier (responsible).</li> </ul> <p><b>Break</b></p>
<b>16.15 – 18.00 Plenary session (together with WG3)</b>	<ul style="list-style-type: none"> <li>• “The draft prepared by Carmen Sirbu – how can it be improved for publication?” presenting of reviews of this draft and discussion in plenary by Ruud Vermuelen, Giorgos Sakkas and Anne Marit Mengshoel.</li> </ul> <p><u>Deliverable 7</u> discussion of “Joint publication manuscript on ME/CFS European practices in diagnosis and treatment based on survey data” – deadline 24<sup>th</sup> month – April 30, 2018.”</p> <ul style="list-style-type: none"> <li>• Presentation of "Clinical proposals" by Lorenzo Lorusso, discussion</li> </ul>

NINDS- common data elements project of the NIH myalgic encephalomyelitis/chronic fatigue syndrome and biomechanical devices in TBI recommendations