

**European Network on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome  
COST Action - CA15111**

**Work Group No4:** “Diagnosis and clinical enablers”  
**Date:** Friday 13<sup>th</sup> of April (09:00 to 18:00)  
**Location:** Faculty of Medicine – Alain Harf room- 8 rue du General Sarrail,  
F94000 CRETEIL- cedex, FRANC  
**Objectives:** “Summarize, working and planning of deliverables in the WG4

09.00-09.15 (together with WG3)	<b>Welcome &amp; Organization</b> <b>Jerome Authier</b> Local Meeting Chair <b>Elin Strand</b> WG leader
09.15- 13.00 (only WG4)  09.15-10.15 Plenary session	<ul style="list-style-type: none"> <li>• “Status, aims and deliverables” of WG4 by Elin Strand</li> <li>• Introduction “Suggested case definitions and example of clinical guidelines” by Ingrid Helland (Norway) and Patricia Grabowski (German)</li> <li>• Assessments/questionnaires: Info from NINDS by Luis Nacul (UK)</li> </ul>
	Break
10.30-11.45 Small group work (Group I, II, III)	<ul style="list-style-type: none"> <li>• <b>Group I:</b> discussion on “Clinical guidelines” by Ingrid Helland, Patricia Grabowski, Olli Pollo (Finland), Jerome Authier, Giorgos Sakkas (Greece)</li> <li>• <b>Group II:</b> discussions on “Assessments/questionnaires for research” by Luis Nacul, Elin Strand, Ruud Vermuelen (Netherlands), Lorenzo Lorusso</li> <li>• <b>Group III:</b> “Common strategy protocol for ME/CFS diagnosis: synchronisation between centres, research component integration” by Jose Allegre, Eliana Lacerda, Anne Marit Mengshoel, Jean Dominique De Korwin</li> </ul>
	Break
12.00 – 13.00 Plenary session	<ul style="list-style-type: none"> <li>• Short presentation from group I discussion and decision on how to proceed/finish with the work</li> <li>• Short Presentation from group II discussion and decision on how to proceed/finish with the work</li> <li>• Discussion on <u>Deliverable 12</u> (deadline November 31, 2018) “Common strategy protocol for ME/CFS diagnosis: synchronisation between centres, research component integration” Elin Strand (responsible from WG4 together with persons from WG2 –Biomarkers)</li> <li>• <u>Deliverable 13</u> (deadline April 30, 2019) “Protocol and guidelines for ME/CFS subgroups detection (stratification) according to the presence of symptoms and subject to potential biomarkers variation”</li> </ul>

13.00 – 14.00	Lunch
14.00 – 16.00 Plenary session	<ul style="list-style-type: none"> <li>• “Neurological features in CFS/ME” by /Jerome Authier (France)</li> <li>• Discussion on <u>Deliverable 11</u> “Evaluation scales for assessment of neurological symptoms associated with ME/CFS and usable in diagnostic”. Deadline for Deliverable preparation October 31, 2018- Jerome Authier (responsible).</li> </ul>
16.15 – 18.00 Plenary session (together with WG3)	<ul style="list-style-type: none"> <li>• “The draft prepared by Carmen Sirbu – how can it be improved for publication?” presenting of reviews of this draft and discussion in plenary by Ruud Vermuelen (Netherland), Giorgos Sakkas (Greece) and Anne Marit Mengshoel (Norway). <u>Deliverable 7</u> “Joint publication manuscript on ME/CFS European practices in diagnosis and treatment based on survey data” – deadline 24<sup>th</sup> month – April 30, 2018.</li> <li>• Presentation of "Clinical proposals" by Lorenzo Lorusso (Italy), discussion</li> </ul>